



CFM CONSULTING LTD
Consultancy, Coaching and Development

Certificate of Professional Development in Coaching From the University of Strathclyde



Overview

As can be seen from the flowchart below, this qualification offers a platform that has academic rigour and practical experience that enables the participant to become competent in the art of coaching.

There are six days of tutorial support as well as a blend of fieldwork, open learning, 360° feedback, self study through use of MBTI, and reflection that make up this comprehensive programme. The academic rigour is provided by a before and after assessment against the competencies, verification of the participants coaching log, a case study and an interview with a member of the University of Strathclyde's Centre for Lifelong Learning.

The Course in detail

Prework

Participants are asked to complete a Practical Learning Styles Questionnaire and a self-assessment on Coaching Competencies. The Competencies are derived and developed from the European Mentoring and Coaching Competency framework. Delegates also have to identify four clients that they will coach during the fieldwork aspect of the programme.

Day One

Pre Module Reading Required.

This module looks at contracting, Coaching, Mentoring, Facilitating and Counselling. It identifies learning styles and their relationship with coaching. Developments on Listening, Questioning and some fundamental models are also covered.

Day Two

Pre Module Reading Required.

Coaching Competencies are discussed and digested. The self-assessment reports are distributed and coaching occurs on the developmental areas. Further models are introduced and practiced. A Counselling model that lends itself to coaching behaviours is also integrated

Day Three

Pre Module Reading Required.

Managing the Coaching contract and factoring in a Mentoring Development Plan are two of the main areas of development on day three. Ethics, legal and moral implications are also investigated. The use of Psychometrics, MBTI in particular are looked at in relation to Coaching

Day Four

The Inner Game concept is discussed and practically looked at along with progressionary escapes and the STOP tool. Finally Impact Mapping is looked at as a tool for Executive Coaching

Day Five

Pre Module Reading Required.

This module looks at Team Coaching and identifies the Team Basics along with several practical tools to work with the two conventions and the three strategic domains of team coaching. It also uses practical exercises and a case study to reinforce the learning.

Day Six

Pre Module Study & Revision Required.

This module looks at the art of Supervision and the various approaches that one can adopt.

The afternoon session comprises of the Case Study. This takes the form of a three hour open book exam where delegates are require to answer five from eight questions.

Assessments

These consist of a Coaching Portfolio, the case study and the interview. The interview is of a group nature, with a representative of The University of Strathclyde

Distance Learning

The distance learning aspect involves guided reading, web based research, video reviews and the use of an interactive forum.

Assignments

This involves coaching with clients in between the days of the course. Also, a self-assessment using the coaching competencies are looked at. There is also a coaching diary to complete.

Assessment

There is a statement of learning, a reflective diary and reading, video and website reviews to complete also.

Fees:- £3750.00 plus vat (£656.25) for all six days

For details of dates and venues, please contact:

CFM Consulting Ltd.

20 Bruce Avenue

Dunblane

FK15 9JB

Phone: 01786 821272

Fax: 01786 821272

Mobile: 07802 753545

Email: info@cfmconsulting.net Http://www.coachingformore.co.uk